# 

DGHS NEWSLETTER



# Message <sup>From</sup> Secretary (H&FW)

It gives me immense pleasure to see that the Directorate General of Health Services (Dte. GHS) has taken an initiative to bring out a quarterly E-newsletter showcasing the latest achievements and advances in the field of Health being implemented by Directorate General of Health Services, Ministry of Health & Family Welfare, Government of India.

Directorate General of Health Services, an important pillar of the Ministry of Health and Family Welfare, is a repository of technical knowledge concerning Public Health, Medical Education and Health Care. It provides valuable technical advice on all Medical and Public Health matters to the Ministry. Alongwith institutes/subordinate offices spread across the country, the Directorate co-ordinates with the Health Directorates of all States/UTs for implementation of various National Health Programmes.

I wish the Dte.GHS all success in their endeavor to strive for excellence in the field of Public Health, Medical Education and Health Care.I look forward to continued contributions of Dte.GHS in building a robust and responsive public health system in India.

This E-newsletter will be of immense use to the technical /public health experts, policy-makers and other stakeholders.



# Message From Director General Health Services

(Quarterly)

बेटी बचाओ

बेटी पढाओ

We bring you this Newsletter as an initiative to showcase the technical activities carried out by all the constituent divisions and provide the readers with a snapshot of the quarterly updates from the Dte.GHS.

The important events of the quarter and the related activities of the concerned division(s) shall be a regular feature of the newsletter. The guest editorial section focuses on a theme that is of current relevance to the public health situation of the Country. I am glad to share that the inaugural issue focuses on Non-Communicable Diseases as its thematic area and captures the evolution of NCD control activities in the Country.

In an attempt to facilitate better communication with the officials of the Directorate, the updated contact details of all senior officials have also been included in the inaugural issue and this shall be continuously updated in the later issues.

In addition to being technically informative, the newsletter shall also showcase the creative talent of the officers and staff of the Directorate in areas beyond the domain of their routine work.

I congratulate the editorial team and extend my best wishes for the future issues. I am positive that the reader shall find the newsletter informative and useful in their field of work.

Directorate General of Health Services Ministry of Health and Family Welfare Government of India **April 2019** 

# Guest Editorial



Directorate General of Health Services (Dte.GHS) is an attached office of Department of Health and Family Welfare and is responsible for providing technical directions required for the implementation of policies laid-down by the Department of Health and Family Welfare. The Dte.GHS was set-up on the basis of recommendations of the Bhore Committee (1946) to be a single technical office for the preventive, promotive and curative services for health under the Department.

Accordingly, the senior most Technical Officer is designated as Director General of Health Services (DGHS). The DGHS is assisted by Special DGHS, Additional DGHS and 12 DDGs or equivalent level officers as a team of technical officers to perform various technical tasks under the leadership of DGHS, being the senior most officer. DGHS and Spl. DGHSs are at the level of Apex Scale.

The Dte.GHS is responsible for planning, implementation and co-ordination of various National Health Programmes, Medical Relief Services like Emergency Medical Relief and Hospitals etc. There are about 18 National Health Programmes which are presently being implemented under the umbrella of Dte.GHS. In addition to providing technical inputs on all medical and health matters, the Dte.GHS co-ordinates various activities with health departments of all States and oversees the management and functioning of various Central Government Hospitals, management of health care of VVIPs as well as arrangements of contingency management for Republic Day, Independence Day and visiting High Level Foreign Dignitaries.

The Dte.GHS also oversees the management and functioning of various institutes in the country i.e. AIIHPH, Kolkata and other sub-ordinate offices such as Regional Offices of Health and Family Welfare, Vaccines Institutes, Port and Airport Health Offices. All the ground work related to Clinical Establishment Act and National Organ and Tissue Transplant Organisation (NOTTO) programmes had been undertaken in the Dte.GHS under the overall guidance of DGHS.

Various new initiatives have been taken by Dte.GHS in recent years such as:-

- 1. National Patient Safety Implementation Framework (2018-2025) was released in 2018. Guidelines have been developed on Health Care Waste Management as per Bio-Medical Waste Management Rules -2016. National Guidelines are being developed on Patient Safety.
- 2. Hand Book and Guidelines for Management of Rheumatic Heart Disease (RHD) have been prepared including prototype of IEC material on RHD for use by States.
- 3. To increase awareness among the officials and staff of Dte.GHS a series of Health Talks on important health issues is being organized every Thursday.

Dr. Mohammed Shaukat Advisor (NCD)

# April 2019

# Subordinate Offices & Health Programmes under Dte.GHS

# **Subordinate Offices**

- Regional Offices of Health and Family Welfare (19)
- Central Drugs Standard Control Organization (CDSCO)
- Central Drugs Laboratory (CDL) Kolkata
- Central Drugs Testing Laboratory
- Medical Stores Organization (MSO) & GMSD's (7)
- National Centre for Disease Control (NCDC)
- Central Health Education Bureau (CHEB)
- Central Bureau of Health Intelligence (CBHI)
- National Vector Borne Disease Control Programme (NVBDCP)
- National Medical Library (NML)
- Food Research & Standardization Laboratory, Ghaziabad
- Central Institute of Psychiatry, Ranchi
- Institute of Serology, Kolkata
- Central Research Institute, Kasauli
- B.C.G. Vaccine Laboratory Guindy, Chennai
- All India Institute of Physical Medicine & Rehabilitation, Mumbai (AIIPMR)
- All India Institute of Hygiene & Public Health, Kolkata (AIIH&PH)
- National Institute of Biologicals (Noida)
- Central Leprosy Training & Research Institute, Chengalpattu
- Regional Leprosy Training & Research Institutes
  (3)
- Regional Health Statistics Training Centre, SAS Nagar, Mohali
- Rural Health Training Centre (RHTC) Najafgarh
- National Council for Clinical Establishments
- National Organ & Tissue Transplant Organisation (NOTTO)

# **International Health Division:**

- Airport Health Organisations (APHOs 25)
- Port Health Organisations (PHOs 11)
- Land Border Health Units (LBHUs 3)

# **Central Government Hospitals**

- PGIMER & Dr. Ram Manohar Lohia Hospital
- VMMC and Safdarjung Hospital
- LHMC and Smt. S. K. Hospital and Kalawati Saran Children Hospital (KSCH)

# National Health Programmes

- National Iodine Deficiency Disorders Control Programme
- National Leprosy Eradication Programme
- National Mental Health Programme
- National Programme for Palliative Care
- National Oral Health Programme
- National Organ Transplant Programme
- National Programme for Control of Blindness
  & Visual Impairment
- National Programme for Prevention and Control of Fluorosis
- National Tobacco Control Programme
- National Programme on Prevention and Management of Burn Injuries
- National Programme on Health Care for Elderly
- Capacity Building for Trauma Care Facilities in Government Hospitals on National Highways
- National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke
- National Vector Borne Disease Control Programme
- National Programme of Prevention & Control of Deafness

# Health Programmes monitored by NCDC

- Integrated Diseases Surveillance Programme (IDSP)
- Guinea Worm Eradication Programme (GWEP)
- National Programme on Containment of Anti-Microbial Resistance (AMR)
- Yaws Eradication Programme (YEP)
- National Viral Hepatitis Surveillance Programme
- National Rabies Control Programme
- Programme for Prevention and Control of Leptospirosis
- Inter-Sectoral coordination for Prevention and Control of Zoonotic Diseases

# April 2019

#### **Directory of Officers Posted in Dte.GHS**, Nirman Bhawan S. S. Name & Designation, Name & Designation. Address & Contact No. Address & Contact No. No. No. Dr. S. Venkatesh Dr. Anil Kumar DGHS DDG (L) Room No. 550-A Room No. 446-A 1 10 Ph.: 23061801, 2306253 (Fax) Ph.: 23061063. 23061438 email : dghs@nic.in email : ddgl@nic.in **Dr. Jagdish Prasad Dr. Inder Parkash Principal Consultant** Advisor (PH) 2 Room No. 343-A Room No. 544-A, 11 Ph.: 23062617, 23063850 (Fax) Ph.: 23063220 email: Jagdish.prasad55@nic.in email : inder.parkash@nic.in Dr. B. D. Athani Dr. Mohammed Shaukat **Principal Consultant** Advisor (NCD) Room No. 439-A-II Room No. 350-A 3 12 Ph.: 23061467, 23062193 Ph.: 23063247 email : bd.athani56@nic.in email : shaukat.ddg@nic.in Dr. Anil Manaktala Dr. Rakesh Varma **Principal Consultant** DDG (P) 4 Room No. 450-A 13 Room No. 441-A-I Ph.: 23061799 Ph.: 23061871 email : drrvarma@gmail.com email : anil.manak@nic.in Dr. N.S. Dharmshaktu Dr. Madhu Raikwar **Principal Advisor** DDG & Director (CBHI) Room No. 439-A-I 14 Room No. 404-A 5 Ph.: 23062401, 23061963 Ph.: 23063175 email : ns.dharmshaktu@nic.in email : dircbhi@nic.in Dr. A. K. Gadpayle Dr. P. Ravindran **Principal Consultant** Addl. DDG & Director (EMR) Room No. 342-A Room No. 555-A 6 15 Ph.: 23062625 Ph.: 23061469, 23061457(Fax) email : p.ravindran@nic.in email: addldg-dghs@gov.in **Dr. Promila Gupta** Dr. Manju Bala **Principal Consultant** DDG (M) Room No. 342-B 7 Room No. 245-A 16 Ph.: 23062193 Ph.: 23061594 email : ddgm@nic.in email : gupta.promila@nic.in Sh. Rajiv Manjhi **Dr. Sangeeta Abrol** Joint Secretary DDG Room No. 449-A Room No. 558-A 8 17 Ph.: 23061028 Ph.: 23062290 email : rajiv.manjhi@nic.in email : sangeeta.abrol31@cghs.nic.in Dr. Prabir Kumar Sen **Dr. Bina Sawhney** DDG (MH&IH) Addl. DDG Room No. 550-A-I Room No. 557-A 9 18 Ph.: 23061806, 23062648 (Fax) Ph.: 23061031 email:pk.sen59@gov.in email : bina.sawhney@nic.in

email : skjha.67@gov.in

# **April 2019**

#### **Directory of Officers Posted in Dte.GHS**, Nirman Bhawan S. S. Name & Designation. Name & Designation, Address & Contact No. Address & Contact No. No. No. Dr. Sunil Kr. Singh Kushwaha Dr. B. Srinivas Addl. DDG ADG (ME) Room No. 503-D Room No. 352-A 19 28 Ph.: 23062493, 23061907 (Fax) Ph.: 23062724 email : adgme@nic.in email : sks.kushwaha.cghs@nic.in Dr. Sudhir Gupta Dr. U. B. Das

Addl. DDG CMO (EMR) Room No. 507-A 20 Room No. 554-A 29 Ph.: 23061980 Ph.: 23063440 email : sudhir.gupta58@nic.in email : ub.das71@gov.in **Dr. Pradeep Saxena** Dr. L. Swasticharan Addl. DDG CMO Room No. 556-A Room No. 743-A 21 30 Ph.: 23061978 Ph.: 23063537 email : saxena.pradeep@nic.in email : swasticharan.l@nic.in Dr. Anil Kumar Dr. Indu Grewal Addl. DDG CMO (NPCB&VI) Room No. 560-A Room No. 310-D 22 31 Ph.: 011-23061329(Telefax) Ph.: 23062167 email : dr.anilkumar@nic.in email : drgrewal2018@gmail.com **Dr. Alok Mathur** Dr. Tanu Jain Addl. DDG ADG Room No. 351-A 32 Room No. 530-C 23 Ph.: 011-23061268 011-23062544 email : mathur.alok29@nic.in email : tanu.jain69@nic.in **Dr. Ritu Gupta** Dr. Gowri N. Sengupta Consultant(SAG) ADG Room No. 543-A 33 Room No. 506-D 24 Ph.: 23062193, 23063030(Fax) Ph.: 23061259 email : ritu.gupta12@nic.in email:gowri72@gmail.com Dr. Deepak Goyal Sh. Ghulam Mustafa DDG & Director (Stat) Director Room No. 448-A Room No. 401-A 25 34 Ph.: 23061015 Ph.: 23061529 email : ghulam.mustafa@nic.in email : deepak.goyal@nic.in Dr. Ajay Bakshi Dr. Himanshu Chauhan DDG (Stat) DADG (IH) 26 Room No. 505-D 35 Room No. 506-D Ph.: 23061164 Ph.: 23061259 email : ddgevl-mohfw@nic.in email : himanshu.chauhan@nic.in Dr. Chhavi Pant Joshi Sh. S. K. Jha DADG (EH) **Director (HQ)** 27 Room No. 441-A-II 36 Room No. 451-A Ph.: 23061869(Telefax) Ph.: 23061936

email: drchhavipant@gmail.com

# April 2019

# Directory of Officers Posted in Dte.GHS, Nirman Bhawan

S. No.	Name & Designation, Address & Contact No.		S. No.	Name & Designation, Address & Contact No.	
37	Dr. Chinmoyee Das DADG Room No. 451-A Ph.: 23061936 email : c.das@gov.in		44	Sh. Jitender Singh Dy Director (ADMN) Room No. 564-A Ph.: 23062814 email : jitender.singh28@nic.in	3
38	Dr. Rupali Roy DADG Room No. 529-C Ph.: 23062781 email : brr.roy@gmail.com	6	45	Sh. S. K. Tanwar Dy Director (GEN) Room No. 561-A Ph.: 23063539 email : suresh@cdsco.nic.in	
39	Dr. Manas Pratim Roy DADG Room No. 450-A Ph.: 23061799 email : proy.manas@gmail.com		46	Sh. Barjmohan lal Meena Dy Director (Procurement) Room No. 549-A Ph.: 23062695, 2616 email: barjmohan.meena@nic.in	
40	Dr. Yogesh CMO Room No. 548-A Ph.: 23063205 email : yogesh.kr81@nic.in		47	Sh. Amit Choubey Dy Director (A&V) Room No.750-A Ph.:23063203, 2429 email:amit.choubey@nic.in	
41	Sh. Ashish Kumar Director Room No. 563-A Ph.: 23063540(Telefax) email : kumar.ashish@gov.in	9	48	Sh. Vangara Prasad Dy Director Room No. 559-A Ph. No: 23063187, 2615 email : v.prasad@nic.in	Ch a
42	Sh. Vum Mung Director Room No. 755-A Ph.: 23061969 (Telefax) email : vum.mang@nic.in	Rep.	49	Smt. Teresa Francis Dy Director Room No.758-A Ph.: 23061429, 2430 email: teresa.francis@nic.in	
43	Mrs. Lakshmi Garg JT. Director (OL) Room No. 741-A Ph.: 23061886 email : laxmi.garg@nic.in		50	Smt. Swwarupa Saraan Dy Director Room No. 647-A Ph.: 23062192, 2520 email:swwarupa.saraan@nic.in	

I ALONE CANNOT CHANGE THE WORLD. BUT I CAN CAST A STONE ACROSS THE WATERS TO CREATE MANY RIPPLES.\*\*

# Brief of National Programmes under Dte.GHS Series-1A National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke (NPCDCS)

India is experiencing a rapid health transition with a rising burden of Non-Communicable Diseases (NCD) surpassing the burden of Communicable diseases like water-borne or vectorborne diseases, TB, HIV, etc. The Non-Communicable Diseases like Cardiovascular diseases, Cancer, Chronic Respiratory Diseases, Diabetes and other NCDs are estimated to account for around 60% of all deaths, thus making them the leading causes of death. NCDs cause considerable loss in potentially productive years of life. Losses due to premature deaths related to heart diseases, stroke and Diabetes are also projected to increase over the years.

The National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke (NPCDCS) was launched in 2010 with focus on health promotion activities, early diagnosis and management of common NCDs through strengthening of infrastructure and capacity building of human resource at all levels.

Under NPCDCS, the NCD Cells have been established in State and District headquarters for programme management. To provide diagnostic and management services for common NCDs, the NCD Clinics are being set up at District Hospitals and CHC levels. Also, in some identified districts, Cardiac Care Units (CCU) and Day Care Centers are being set up for providing facilities for emergency Cardiac Care and Cancer Chemotherapy respectively. The programme attempts to achieve behavior change in the community to adopt healthy life styles for NCD risk factor reduction, through extensive IEC activities.

Government of India is implementing NPCDCS under the National Health Mission umbrella since 2013-14. The funds are being provided to the States under NCD Flexi-Pool through State PIPs, with the Centre to State share in ratio of 60:40 (except for NE and Hilly States, where the share is 90:10).



### Page 8

# Brief of National Programmes under Dte.GHS Series-1B

# The PH (IH) Division of Dte.GHS

The International Health Division is the administrative and technical headquarter of all the Point of Entries (PoEs) in the Country under Director General of Health Services, Min. of Health & Family Welfare. The Nodal Officer In-charge for all technical and administrative matters of the division is the Deputy Director General International Health (DDG-IH) who is assisted in technical matters by a DADG/ADG level officer. The administrative functioning of the division is under a Director level officer assisted by a Deputy Director.

The main purpose of the Point of Entries Health (PoEs) is to prevent importation of health threats (Public Health Emergencies of International Concern) and similarly preventing any disease outbreak of international importance from being transmitted from India to other countries. These functions of the PoEs are as per the relevant provisions of the International Health Regulations (IHR 2005) to which India is a signatory.

Other responsibilities of the Point of Entries Health (PoEs) Organizations are to ensure provision of safe healthy environment at point of entries for travelers & the staff working at the PoEs. The safe healthy environment includes provision of safe food, safe drinking water, sanitation & Vector control at PoEs.

Currently there are 21 PoEs in the Country and another 29 PoEs are in various stages of being established and/or functionalized. The Regional Offices of Health and Family Welfare of the Directorate are responsible during the initial stages for these newer PoEs and are providing handholding support to the newly appointed officers at these units.

In addition, the IH division of Dte.GHS deals with various technical matters, including:

- Medical issues related to the annual Haj travel,
- Permissions for International Conferences,
- Issue of Exceptional Need Certificates (ENC) for Indian doctors studying in the US
- Medical Value Travel related matters,
- Coordinating technical comments on the various International MoUs
- Coordination of procurement of Yellow Fever Vaccines,
- Monitoring the functioning of Yellow Fever Vaccination Centers (Presently there are 47 functional yellow fever vaccination centres in the Country authorized by the Dte.GHS)
- Matters of Public Health Emergencies of International Concern (like Zika, Ebola, MERSCoV etc.).

Further details about the division are available on the website: www.ihrpoe.co.in





# **Glimpses of Theme Based Health Talks in Dte.GHS**



Dte.GHS has initiated Theme Based Health Talks and Screening of NCDs, Eye and Ear Examnation etc, for the officials/ staff of Dte.GHS and MoH&FW. The talks delivered by experts are aimed at sensitizing lay persons on prevention and basic management of various public health problems in the country. The participants are encouraged to sensitize their family members and acquaintances for taking preventive steps and adopting healthy life styles. IEC material in the form of leaflets, wherever available, is also being provided. The Theme Based Health Talks are held on every Thursday between 4.00 to 5.00 PM in Resource Centre of Dte.GHS room No. 445-A Nirman Bhawan.

Some of the topics covered so far are: Prevention, Recognition and Management of Stroke, Antimicrobial Resistance, Hygiene and Sanitation, Women Health and Hygiene, Role of Physiotherapy in life style related problems, Prevention and management Diabetes, First Aid for common emergencies, etc.

April 2019

Page 10

# **Overview of First Aid Trainings under Dte.GHS**



First Aid Trainings are being organized for various strata of society, including the fire fighting and rescue staff of Indira Gandhi International Airport, New Delhi, Medical & Paramedical Officers posted in Kumbh Mela, 2018 and for officials and staff of Dte.GHS, MoHFW.

# Capacity Building Workshop for Regional Offices of Health and Family Welfare



A Capacity Building Workshop for Regional Offices of Health & Family Welfare (ROHFWs) was held from 30th January to 01st February, 2019, at Nirman Bhawan, New Delhi. The Workshop provided update to the Regional Directors on various National Programmes & initiatives. It also identified the roles and functions of RDs in various areas of Programme strengthening including capacity building, implementation, monitoring & evaluation of the Programmes across the country as well as supporting rollout of new initiatives in the State.

# April 2019

## Page 11





DGHS address on the occasion of Indian Organ Donation Day 2018





Regional workshop for Developing Trauma Care State Action Plan in Pune





Activities under NOTTO



Training Activities under National Mental Health Programme

#### April 2019



First Aid Training of Doctors and Paramedics at Kumbh Mela 2018









# **Activities during Eye Donation Fortnight**

**Editorial Board** 

Editor in Chief : **Dr. S. Venkatesh, DGHS** Editorial Advisor : **Dr. Promila Gupta, Pr. Consultant** Guest Editor : **Dr. Mohammed Shaukat, Advisor**  Editorial Panel : Dr. Bina Sawhney, Addl. DDG Dr. Tanu Jain, ADG Dr. Himanshu Chauhan, DADG Dr. Chhavi Pant Joshi, DADG Dr. Manas P Roy, DADG Design and Layout : Mr. Sunil Gulia, Admin Asstt.

Online version of Dte. GHS Newsletter is available at Dte.GHS website https://dghs.gov.in For comments and inputs, write to dghsnewsletter@gmail.com

**Directorate General of Health Services** 

Ministry of Health & Family Welfare, Govt. of India Nirman Bhawan, Maulana Azad Road, New Delhi – 110108

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## Page 12